



YOUR CHOICE FRUIT & VEGETABLES

## **FRUITS**

### **Apples & Pears**

Best Golden Delicious  
Small Golden Delicious  
Blush Golden Delicious  
Royal Gala  
Small Royal Gala  
Pink Lady/  
Small Pink Lady  
Red Delicious  
Granny Smith  
Small Granny Smith  
Braeburn  
Small Braeburn  
Russet  
Empire  
Fuji Apple  
Cox  
Spartan  
Jazz  
Gala Nova Blue  
English Discovery Apple  
English Windsor Apple  
English Robijn Apple  
Bramley Cooking Apple  
Commice Pears  
Conference Pears  
Small Conference Pears  
Ya Pear  
Limonera Pear  
Forrelle Pear  
Rocha Pears  
Custard Apple  
Quince  
Chocolate Apple  
Toffee Apple

### **Berries**

Strawberries  
Raspberries  
Blueberries  
Blackberries  
Gooseberries  
Redcurrants  
Blackcurrants  
Cranberries  
Bilberries  
Kiwi Berries  
Pineberries  
Dried Juniper Berries

### **Citrus Fruit**

Small Oranges  
Medium Oranges  
Large Oranges  
XL Oranges  
Leafy Oranges  
Blood Oranges  
Cara Cara Oranges  
Bitter (Marmalade) Oranges  
Large Satsuma  
Small Satsuma/ Clementine/  
Nadorcott  
Medium Mineola  
Large Mineola  
Small Lemons  
Large Lemons  
Limes  
Ruby Grapefruit  
White Grapefruit  
Sweetie Grapefruit  
Pomelo  
Red Pomelo  
Ugli Fruit

### **Stone Fruit**

Medium Nectarine  
Large Nectarine  
Donut Nectarines  
Medium Peach  
Large Peach  
White Peach  
Doughnut Peach  
Apricots  
Greengages  
Cherries  
English Cherries  
Red Plum  
Yellow Plum  
Black Plum  
Victoria Plum  
President Plum  
English Marjorie Plum  
Larry Ann Plum  
Medium Mango  
Large Mango  
Pakistan Mango  
President Plum

### **Grapes & Melons**

Black Grapes  
Green Grapes  
Flame Grapes  
Punnet of Mixed Grapes  
Champagne Grapes  
Candy Floss Grapes  
Globe Grapes  
Sultana Grapes  
Strawberry Grapes  
Medium Yellow Melon  
Large Yellow Melon  
Medium Watermelon  
Large Watermelon  
Medium Galia Melon  
Large Galia Melon  
Medium Cantaloupe Melon  
Large Cantaloupe Melon  
Medium Sapo Melon  
Large Sapo Melon  
White Melon

### **Exotic & Tropical**

Bananas  
Mini Bananas  
Bahri Dates  
Chayote Fruit (Chow Chow)  
Kiwi Fruit  
Coconut  
Young Coconut  
Medium Pineapple  
Large Pineapple  
Dragon Fruit  
Dry Dates P/P  
Figs  
Honey Mango  
Kumquats  
Medium Pomegranates  
Large Pomegranates  
Lemon Grass  
Longon Berry  
Loquat  
Lychees  
Mangosteen  
Purple Mangosteen  
Medjoul Dates  
Packet of Ravier Dates  
Passion Fruit  
Papaya (Paw Paw)  
XL Papaya (Paw Paw)  
Iranian Sun Dates  
Physalis  
Prickly Pear  
Rambutan  
Sharon Fruit  
Star Fruit

# VEGETABLES

## Broccoli, Cabbage and Cauliflower

Curly Kale  
Black Kale  
Red Kale  
Cauliflower  
Orange Cauliflower  
Purple Cauliflower  
Romanesque  
Broccoli  
Purple Sprouting Broccoli  
Tender Stem Broccoli  
Hispy Sweet Heart Cabbage  
January King Cabbage  
Jaromakool Cabbage  
Red Cabbage  
White Cabbage  
Savoy Cabbage  
Spring Cabbage  
Summer Cabbage  
Tundra Cabbage

## Carrots & Root Veg

Best Carrots  
Net of Carrots (Class 2)  
Bunch of Carrots  
Heritage Carrots  
Large Carrots  
Mix Colour Carrots  
Purple Carrots  
Chantenay Carrots  
Purple Chantenay Carrots  
Tri-Colour Chantenay Carrots  
White Chantenay Carrots  
Parsnips  
Baby Parsnips  
Celeriac  
Swedes  
White Turnip  
Bunch of Beetroot  
Loose Raw Beetroot  
Loose Cooked Beetroot  
Candy Beetroot  
Golden Beetroot

## Exotic Veg

Cassava  
Eddoes  
Moolie  
Okra  
Salsify  
Yams  
Karela Bitter Gourd  
Plantain

## Mushrooms

Best Cup Mushrooms  
Breakfast Mushrooms  
Button Mushrooms  
Chestnut Mushrooms  
Enoki Mushrooms  
Oyster Mushrooms  
Shiitake Mushrooms  
Portobello Mushrooms  
Wild Mushrooms Mix

## Onions

Brown Onions (Medium)  
Brown Onions (Large)  
Red Onions  
White Salad Onions  
Round Shallots  
Banana Shallots  
Pickling Onions  
Pink Onions  
Rainbow Onions

## Potatoes

Local Wilja  
Local Maris Piper  
Washed Maris Piper  
Kind Edwards  
Washed King Edwards  
Mozart  
Washed Reds  
Washed Whites  
Baking Potatoes x40  
Baking Potatoes x50  
Red Baking Potatoes  
Scraping Potatoes  
Sweet Potato  
Purple Sweet Potato  
Ulster Prince  
Cheshire New Potatoes  
Cornish New Potatoes  
Cyprus Potatoes  
Jersey Royals  
Kent New Potatoes  
Majorcan New Potatoes  
Pembrokeshire New Potatoes  
Washed Baby Potatoes  
Ambo  
Jersey Tops  
Kestrel  
Lincoln Marfona  
Maris Bard  
Nadine  
Sagitta  
Anya  
Guernsey New Potatoes  
Italian New Potatoes  
Black Skin Potatoes

## Veg Extras

Asparagus  
English Asparagus  
Aubergines  
Baby Corn  
Baby Courgette  
Black Chilli  
Bobby Beans  
Broad Beans  
Butternut Squash  
California Reaper Chilli  
Red Chard  
Rainbow Chard  
Chicory  
Courgette  
Fennel  
Fine Beans  
Corn on the Cob  
Fresh Ginger  
Garden Peas  
Garlic Bulb  
Smoked Garlic  
Fresh Wet Garlic  
Globe Artichoke  
Green Chilli  
Horse Radish  
Red Habanero Chillies  
Yellow Habanero Chillies  
Jalapeño Chilli  
Jerusalem Artichoke  
Kohlrabi  
Purple Kohlrabi  
Birds Eye Chilli  
Mangetout  
Marrows  
Mixed Chilli P/P  
Naga Chillies  
Ornamental Squash  
Red Chilli  
Rhubarb  
Round Courgette  
Scorpion Chilli  
Scotch Bonnet  
Samphire (Sea Asparagus)  
Sprout Stalk  
Sprouts  
Stick Beans  
Stripy Courgette  
Suganap Peas  
White Asparagus  
White Aubergines  
Yellow Chillies  
Yellow Courgette

## **SALAD**

### **Salad**

Green Avocado  
Haas Avocado  
Beansprouts  
Cucumber  
Mini Cucumber  
Salad Cress  
Long Life Beetroot  
Watercress  
Bunch Radish  
Packet of Radish  
French Radish  
Celery  
Large Celery  
Spring Onions

### **Lettuce & Leaves**

Little Gem Lettuce  
Romaine (Cos) Lettuce  
Biondi Lettuce  
Endive Lettuce  
Lollo Rosso  
Oak Leaf Lettuce  
Spinach  
Chinese Leaf  
Crispy Lettuce  
Flat Lettuce  
Pak Choi  
Radicchio  
Wild Rocket  
Large Bag of Rocket (500g)

### **Tomatoes**

Best Tomatoes  
Beef Tomatoes  
Cherry Plum Toms  
Cherry Tomatoes  
Cherry Vine Tomatoes  
English Tomatoes  
Heritage Tomatoes  
Kumato  
Mix Colour Tomatoes P/P  
Orange Cherry Toms Loose  
Orange Vine Tomatoes  
Plum Tomatoes on the Vine  
San Mazzo Tomatoes  
Small Plum Vine Tomatoes  
Tiger Tomatoes  
Vine Tomatoes  
Yellow Cherry Tomatoes  
Yellow Vine Tomatoes

### **Peppers**

Red Pepper  
Yellow Pepper  
Green Pepper  
Orange Pepper  
White Pepper  
Traffic Light Peppers  
Sweet Red Pepper  
Sweet Green Pepper  
Sweet Yellow Pepper

### **Prepared Salad**

Prepared Iceberg 500g  
Bryans Catering Leafy  
Florette Catering Crispy

## **HERBS**

Basil  
Bay Leaf  
Coriander  
Dill  
Mint  
Rosemary  
Sage  
Thyme  
Chives  
Chervil  
Tarragon  
Flat Leaf Parsley  
Curled Leafy Parsley  
Edible Flowers  
Fresh Turmeric  
Pea Shoots  
Oregano  
Red Chard  
Bouquet Garni  
Marjoram

\*Various Micro Herbs Available\*

## **EGGS**

Large Eggs  
Large Free Range Eggs  
Medium Eggs  
Medium Free Range Eggs  
Duck Eggs  
Quail Eggs